



October 2017

# Sylvan Lake Shoreline

Get the news you need at: [www.slia.net](http://www.slia.net)

Publishing Dates: April • June • August • October • December

## OKTOBERFEST

### Sylvan Lake Garden Club Bake Sale October 7th

The Garden Club will sponsor the Oktoberfest Bake Sale at Schwerman Park. Anyone wishing to donate bake goods can bring their treats to the park that day starting at 3 pm.

We will also be accepting cash donations.

All proceeds will be used for Sylvan Lake Garden Club events and activities.



### 5th Annual Turkey Trot!

**Sylvan Lake Garden Club is hosting a  
5K run/walk on Thanksgiving morning**

**Nov. 23th - Start time: 8:00 am**

**starting at the intersection of Marion Avenue & Bittersweet Drive  
and ending on Marion Avenue (Schwerman Park).**

The Sylvan Lake Garden Club is sponsoring a 5k run/walk. What a great way to get out and enjoy your neighbors' company on Thanksgiving morning. Start time: 8:00 a.m.

- Keep in mind that this is a "move at your own pace" type of event. No one should be intimidated by the physical expectations of the walk/run.

### OKTOBERFEST SCHEDULE

*For Sylvan Lake Members  
(and their guests)*

- 1:00 - Pet Parade**
- 1:00-3:00 - Tractor Hay Rides**
- 2:00-3:00 - Kids Games**
- 3:00-4:00 - Face Painting**
- 3:00-4:00 - Bingo**
- 3:00-4:00 - Garden Club Bake Sale**
  - Drop off goods by 3:00pm
- 3:00-5:00 - Craft Show** (After Pet Parade)
  - Bring your own table & cash for change • No entry fee • Crafts •
- 3:00-10:00 - Beer/Wine Bar Opens**
  - Tickets required
  - Wrist band required
  - Must prove you're 21
- 3:00-4:00 - Bake Sale**
  - Drop off your baked goods at 3:00pm
- 4:00-5:00 - Talent Show**
- 5:00-10:00 - Dinner Starts**  
**Luke's Food Truck**
- 6:00 - 10:00 Patio Daddy-O Band**
  - Dancing, Singing and Rockin'
  - Tips are welcome!
- 7:00-10:30 - Bonfire**
  - Fire Dept approved, weather permitting, No Junk in the pile, only Yard Waste

# State of the Lake

By Gary Goldblatt. SLIA President



Greetings fellow Sylvan Lakers!  
Fall is upon us. Trees are turning around Sylvan Lake and they look beautiful as we enter a fun time of the year at Sylvan Lake. OKTOBERFEST. 10/7.

The SLIA annual meeting was held on 9/20 and here are some of the highlights from that meeting:

- \* One of the largest attended meetings in recent years. Included a couple of first timers who have never been to an annual meeting before or are new to Sylvan Lake.
- \* Diana O'Kelly spoke about the November 2018 referendum on trash contracts. Straw poll of attending members was favorable with almost unanimous support. Sylvan Lake was first Unincorporated HOA's in Lake county that Diana has approached.
- \* Roman from Lake County Sheriff dept was very informative and reinforced "See something, say something" He commented on how big our meeting attendance was compared to other's that he attends.
- \* Healthy discussion around boat storage at the beach with more updates to follow.
- \* 2018 SLIA budget was approved. Highlighted budget spending on projects and future need for increased assessments.
- \* New business discussion headed by Sam Ford around community center location
- \* Next up-updates to the SLIA rules and regulations est 2018
- \* Board member elections: Returning Board members: Dave Kruse and Gary Goldblatt. There is one board position that did not get filled during the meeting. Sylvan Lake needs a full board to operate efficiently and effectively and although it is a voluntary role, it is one that can be flexible. Interested parties should feel free to contact

any board member.

As always, I encourage everyone to attend the monthly Board meetings. This is where great ideas, suggestions can be shared and acted upon. Don't make the annual meeting the only meeting for participation. The SLIA board meets on the 3<sup>rd</sup> Wednesday of every month from 7:30-9pm at the Countryside fire station. The board takes the month of December off and resumes in January.

## OTHER UPDATES:

- \* Nothing new to report on the spillway and Dam project. Probably on hold indefinitely.

- \* Nothing new to report on the Gilmer Road project ETA 2019. However, land acquisition along Gilmer road is in the planning stages.

## SAVE THESES DATES:

Fall clean up day-9/30- need lots of volunteers to move wood for Oktoberfest, piers etc that Jeri has requested

10/7-Octoberfest-looking for volunteers to sell drink tickets, set up in general, pick up and set up the bar, drink servers etc.

**HAPPY FALL EVERYONE!!!**

## Volleyball League



They say good things come in 5's and Team Graham confirmed the age old saying with a thrilling victory over Team Kjeldberg to retain their 5th consecutive Sylvan Lake Volleyball Championship on Saturday August 12th. Thank you to everyone who participated in the league, helped maintain the courts & attended the tournament. Of course; a special thank you to the Garden Club for providing breakfast and lunch to players and spectators. Keep watching upcoming Shoreline's for details on the 2018 volleyball season.

Dave Kruse



# Garden Club updates

Many thanks to the women on the Garden Club Board for their help in coordinating our activities. And thanks to the many volunteers who helped with our events.

Laurie MacKay - President  
Debbie Wawrynziak - VP  
Karen Finerty - Treasurer  
Kelly Dickenson – Secretary/ New Neighbor Greeter  
Nancy Hanson  
Kathy Ford  
Tammie Trahan  
Peggy DeLaCruz  
Lauren Rollinger  
Mariann Mortensen  
Denise Buysee

## Upcoming Events:

- **October 7th –**  
**The Garden Club will sponsor the Oktoberfest Bake Sale** at Schwerman Park. Anyone wishing to donate baked goods can bring their treats to the park that day starting at 3 pm. We will also be accepting cash donations. All proceeds will be used for Sylvan Lake Garden Club events and activities.
- **November 23rd –**  
**The Garden Club will be hosting a 5K run/walk** on Thanksgiving morning, November 23rd starting at 8:00 am, beginning at the intersection of Marion Avenue & Bittersweet Drive and ending on Marion Avenue (Schwerman Park).
- **December 9th –**  
**Santa's Visit** at 4:00 pm at Bjorklund Park and Luminary Walk at 5:00 pm

---

## Robert E. Smith – February 23, 1933 - September 20, 2017

Bob Smith passed peacefully at his home a few days ago. He was a long time resident of Sylvan Lake. Anyone that knew him enjoyed his contagious smile, compassionate spirit, and always optimistic view on life. He genuinely loved Jesus and cared for the people around him.

Bob was born February 23, 1933 in Monico, WI and died Wednesday September 20, 2017 at home.

His passion was music. He played in the 5th Army Band. Bob was devoted to Jesus, his family, his Country and was faithful to his friends and people in need. He also enjoyed his Diet Cokes from McDonalds on a daily basis.

Our sincere condolences to Robert's family and friends.

## Just a reminder about Leaf Burning



Its that time of year again!  
As we prepare for the annual harvest of leaves, we are reminded of what we can do to make it a more pleasant experience for all.

Around the lake, we have the usual leaf burning in the street. We ask people to clean up the ashes before the next rain washes things into the storm sewers and from there into the lake. Other suggested guidelines:

- Be courteous and respectful to your neighbors, especially those with breathing problems.
- Do not burn on very windy days.
- Do not burn wet leaves. Smoke from such fires stays closer to the ground and longer in the breathing zone.
- The best time of day to burn is from mid-morning to mid-afternoon. The smoke clears the fastest at this time of day.
- Always attend, manage and control your fire. Always have a hose or water source nearby.
- Do not burn in ditches. drainage ways or within 25 feet of a body of water.
- Burning of garbage is not permitted. Only burning of yard waste is permitted

Thank you for your help and concerns in keeping our own special resource, Sylvan Lake, clean.

## ECO-CORNER #1

### *Shoreline stabilization:*

Life around Sylvan Lake is idyllic! We have suburban development and sprawl not far away yet our neighborhood continues to offer us a natural respite worth protecting and preserving.

When our shorelines begin to slump into the lake and erosion changes the land both above and below the water line, solutions need to be considered in order to preserve the quality of lake living we enjoy.

Slow erosion ultimately adds more sediment and reduces lake water clarity. Structural "hard" fixes such as seawalls and riprap may be needed in some areas. However, "soft" water's edge vegetative plantings that are adapted for erosion control, water quality improvement, and provide habitat for a variety of wildlife might also be an appropriate shoreline fix.

Vegetation planted at the shoreline has the renewable ability to prevent the land from breaking apart and crumbling into the water. Planting a buffer zone directly at the water's edge has eco-friendly advantages worth considering when stabilization is needed: enhancement of water quality for swimming and other water-based recreation, filtering of land run-off, and is adaptive to fluctuating lake levels.

Remember! Changes that occur on our shorelines directly affect our entire land and lake ecosystem.

By Jennifer Cameron

## Parks and Easements

By Jeri Swanson

### Parks/Easements Report:

Some neighbor ladies wanted to get more involved in the Parks/Easement chores and also discuss environmental issues that pertain to our lakes and parks. So on August 24<sup>th</sup> we had our first meeting at Diane Capasso's. In attendance were: Diane, Sandy Washburn, Linda Mihel, Jennifer Cameron, Elizabeth Nagel, Deb Wawrzwiak and myself. We talked about upcoming projects: removal of buckthorn along N. Sylvan at the fenceline, seed collecting from our existing native plants, invasive species removal like ragweed. Jennifer Cameron expressed an interest in a section for the newsletter: Eco-Corner. Check out her first observation in this newsletter !

It is great to have enthusiastic neighbors interested in improving our surroundings in a truly "native" fashion. In case you didn't know, native is better for the critters and birds here and after they are established, do not require watering. All the seeds these plants produce is food for birds and small mammals. AND their root system is deep, some up to 48" which holds the soil in place.

Fremont Township added a curb section to the entrance of Hiawatha Terrace on Crescent Dr. as heavy rains kept washing out the foot path. Local teen, Evan Kitzmiller, has cleaned up the gravel a few times and put it back on the trail. Hopefully this will alleviate the problem.

Juneau Terrace has been in need of a makeover due to broken concrete steps, and we have been waiting for the Township to address

the drainage there before proceeding with the rehab work. We expect this redirection of run-off to be done in September and then we can start the steps. This project will be done by Poul's Landscaping.

We are currently looking at applying for a grant to help us fund the shoreline stabilization badly needed in Maple Park. There is 300' of public shoreline, the old RR ties have all fallen into the lake. After their removal the shoreline would be re-shaped and native deep-rooted vegetation added up top to help keep the soil there.

The path in Ravinia needs a lot of attention as it is hugely overgrown. This section runs along Crescent and it is heavy with vegetation. We will selectively remove and or thin species that went nuts this year after all the rain we got. The elderberry bushes are abundant down there, more food for critters or jelly and wine making. There is more elderberry in Maple Park, too. Help yourself !

Jeri Swanson

---

## Newsletter NEWS Needs Your Help

Please email any information, pictures, past happenings or upcoming events.

**December 1st Issue**

**News Needed by:**

**November 20th, 2017**

*Email to Donn Hamm*

**dehamm@comcast.net**



## Special Thank You!

Elizabeth Nagel and Gen Connor volunteered to repaint the playground toys. The new artistic painting has brought these special toys back to a brilliant life.

Thank you Elizabeth and Gen!



## Scam on Younger Adults

If you receive a call saying "This is Equifax calling to verify your account information." Stop. Don't tell them anything. They're not from Equifax. It's a scam. Equifax will not call you out of the blue.

That's just one scam you might see after Equifax's recent data breach. Other calls might try to trick you into giving your personal information.

Here are some tips for recognizing and preventing phone scams and imposter scams:

<https://www.consumer.ftc.gov/blog/2017/09/equifax-isnt-calling>



## Bill Grinnell Award

Bill Grinnell, Fremont Township Road commissioner was presented a 'Friend of Sylvan Lake' plaque for his outstanding service to the Sylvan Lake community.



## Disaster Information

from Diana O'Kelly  
Fremont Township Supervisor

Disasters Don't Plan Ahead!  
You Can

Make a plan today. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area. Know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

More information at:

<http://www.ready.gov/make-a-plan>

## College of Lake County

19351 W. Washington Street, Grayslake, IL 60030

## CERAMICS SALE!

Tuesday November 14<sup>th</sup> 10 am to 9pm

Wednesday November 15<sup>th</sup> 7:30am to 7pm

in the Robert T. Wright Gallery in the CLC Library



Original ceramic artwork by the students and faculty of the CLC Ceramics Dept. will be sold in the support of the visiting artist program, fieldtrips, scholarships, and new equipment for the studio. Send all inquiries about the sale and CLC Ceramics to David Bolton Head of CLC Ceramics and Community Clay Association Advisor at [dbolton@clcillinois.edu](mailto:dbolton@clcillinois.edu). Pictured artwork is representational and may not be available at the sale.

# Nuts to You

Nuts are a favorite snack of many of us and Sylvan Lakers are blessed with several nuts that are now ready to harvest right in our community.



*Acorns (don't eat without processing.)*

The three nuts readily available to harvest are the walnut, the hickory nut and the acorn. Each type of nut requires its own unique harvesting and preparation that can easily researched on the internet.

A small word of caution is that the acorn requires a little home processing to taste good and be used in different recipes. As we know the acorn is a favorite dish of many woodland creatures, but did you know that humans can eat acorns as well? May Indian tribes throughout history have used acorns as a major protein in their diet.

Before you run out to your nearest oak tree, it's important to remember that acorns can't be eaten raw. Green or unripe acorns are not suitable to eat, so you need to wait until they turn brown. **Once the acorn is ripe, they should be processed before you start munching.** Acorns contain tannins which can be toxic to humans and cause an unpleasant bitter taste. You'll need to leach the acorns to remove the tannin. Research the internet on how to leach the acorns. Then look at the recipes for roasted acorns, acorn coffee, acorn brittle recipe, stew and acorn flour.

## Hickory Nuts

There are several members of the hickory family, and many of them produce very tasty edible nuts. The Audubon Society Field Guide to North American Trees lists ten different varieties. The most common are the Shagbark and Shellbark.



The shagbark hickory tree is so easy to identify, with its characteristic grey bark that looks like the exfoliating crust of a shaggy old treebeard. The nuts are smooth, ivory colored, and come to a sharp point at one end.

The fruit of the shagbark hickory tree falls as a green-to-brown fleshy husk or bur, ranging from the size of a golf ball to a tennis ball. The shagbark husk will form a seam which can be broken open easily and won't stain your hand like a black walnut husk. Inside is an edible seed surrounded by a hard kernel or pit.

## Black Walnuts

Harvest walnuts when they fall to the ground. Native nuts come into maturity September through October. Collect nuts as soon as possible to avoid mold. Hulls soften naturally over time, allowing easy access to the nut. If the hull feels firm and is difficult to remove, set the nut aside for a few days. The best

way to de-hull a small amount of walnuts is by hand, with a chisel and hammer to knock the hull away.

If you encounter worms when you are removing hulls, rest assured they do not affect the nut. Dispose of worms with the hulls and proceed to next step.

Rinse de-hulled nuts with a powerful hose or pressure washer to



remove debris.

To dry walnuts in-shell, spread nuts on screen bottom trays for good circulation. Optimal drying temperature is 95-100 degrees for 3-4 days.

Walnuts are adequately dry when kernels are brittle.

Store in-shell walnuts in freezer, packed in food saver bags or other air tight containers. In-shell nuts keep well for a year.  
Or

Remove shell and extract nutmeats before storing. Place the nut lengthwise in a vise grip (nutcracker), apply pressure until shell cracks. Extract nutmeat with a picking tool.

Shelled nuts keep up to two years in the freezer. Salt-brining and dehydrating preserves shelled nuts. Store preserved nuts in air-tight containers at room temperature.