



# Sylvan Lake Shoreline

Get the news you need at: [www.slia.net](http://www.slia.net)

Publishing Dates: April • June • August • October • December

## Santa's Visit



Sylvan Lake Boys and Girls  
Santa will be coming to  
Bjorklund Park  
for his  
annual  
visit.

**Saturday,  
December 7th,**

*He will arrive at  
6:00 p.m. SHARP!*

*Did you receive  
your 2013 dues notice?  
Have you made  
your payment?*

## Coming Events

*Up-coming events*

*Coming soon and in 2014*

**Santa's Visit  
Clean-up Day  
Carp-O-Rama  
Octoberfest 2014  
Adopt a Highway  
Volleyball  
Horse Shoes  
Ladies Night Out  
Easter Egg Hunt**

## Newsletter NEWS Needs Your Help

Please email any information, pictures,  
past happenings or up coming events.

**Publishing is on the 1st of:**

**April, June, August,  
October and December.**

Send to Donn Hamm at:

**[dehamm@comcast.net](mailto:dehamm@comcast.net)**

Please put **Shoreline** in the subject line.

*Shoreline is a Newsletter for the Sylvan  
Lake Community, Sylvan Lake, Illinois*

## OKTOBERFEST *I believe they call this a SHOUT OUT!*

We need to let all Sylvan Lakers know that we had great support from  
the UPS Store of Mundelein and Little Joey's for our Oktoberfest!

Thank you UPS and Little Joey's for your support.

# Garden Club News

## Thank You

Thanks to all Sylvan Lake residents who participated in the Garden Club bake sale at Oktoberfest. It was a great success as usual!

The Garden Club also thanks Wendy Kjeldbjerg for organizing the volunteers for Feed My Starving Children. About 20 Sylvan Lakers helped pack meals for those in dire need.

A special thanks goes to Kathy Ford for organizing the Turkey Trot, to Kaitlin Ford for designing the very cool sweatshirt and to Dave Kruse who helped purchase the sweatshirts. The event would not have been the same without the wonderful coordination by Dawn Slattery of the course marshals, the water stations and the Bloody Mary station! Thanks to all those who helped.

## Events Coming Up

### **Santa's Visit –**

Saturday, December 7<sup>th</sup>  
at 6:00 p.m. All kids come and meet Santa while you and your parents enjoy some hot chocolate and cookies.



### **Ladies of the Lake Holiday Party**

To be held at Kathy Schwerman's home on Friday, December 13<sup>th</sup> at 6:30 p.m. See the flyer to the right.



# *Happy Holidays!*

## Ladies of the Lake Holiday Party

*Friday, December 13<sup>th</sup>*

*6:30-10:30 PM*

*Kathy Schwerman's Home, 21290 W Sylvan Dr S*

**Bring a White Elephant gift to exchange and a canned good for the food pantry.**

# Holiday Light Recycling

Here is a plan for those Holiday Lights in January!

Now through January 31, 2014 anyone interested in recycling their old holiday lighting can bring their items to one of the following Mundelein locations between 8:30 a.m. and 3:30 p.m., Monday through Friday.

- Village Hall, 440 E. Hawley St.
- Public Works Facility #1, 440 E. Crystal St.
- Fire Station #1, 1000 N. Midlothian Rd.
- Fire Station #2, 1300 S. Lake St.

Only the light strands themselves will be taken; bulbs do not have to be removed from the strands. However, light strands connected to wreaths, garlands, or other material cannot be taken. Residents dropping lights off at the Village Hall are limited to two 25-foot strands or equivalent length. If you have any questions or bulk drop-offs, please contact the Public Works and Engineering office at 847-949-3270.

---

## Gilmer and Midlothian Intersection

The intersection of Gilmer Road and Midlothian Road is still under study with a look at the impact of the railroad crossing just to the south. This project is under the jurisdiction of the Lake County Division of Transportation, and Midlothian Road is under the jurisdiction of the Illinois Department of Transportation.

The study intersection was last improved in 1994 to include additional travel and turn lanes with the resurfacing of all four legs of the intersection. Since 1994, Lake County has increased in population, therefore, increasing the vehicles that travel through the intersection. Thirty-five (35) crashes have occurred at the intersection of Gilmer and Midlothian Road between 2008 and 2010. The most common types of crashes are turning crashes and rear-end crashes. Both of these crash types are indicative of an intersection operating over capacity. As part of the preliminary engineering study, the intersection improvements will be recommended with the intent to improve safety and address accident occurrence.

At the end of the study, a Project Development Report will be made available to the public for review and comment.

For more information go to: <http://www.improvegilmermidlothian.com/>

### *Study Team*

The Lake County Division of Transportation initiated the Phase I study and has hired HDR Engineering as their Consultant. The Project Manager is Darrell Kuntz with the Lake County Division of Transportation. Darrell Kuntz Project Manager Lake County Division of Transportation 847.377.7459 [dkuntz@lakecountyil.gov](mailto:dkuntz@lakecountyil.gov)

## Do You Need a Snow Plow Service?

If any residents use a snow plow service or have interest in looking into a group rate, please send an email to Dave Kruse [krusdp@gmail.com](mailto:krusdp@gmail.com)

---

## RESIDENT ALERT - SCAMMER/CON ARTISTS IN AREA

### **Please be aware of this scenario:**

Scammers call residents and use the name of the local utility company (ComEd). Then the scammer proceeds to threaten the residents with utility disconnection unless they make an immediate payment. Victims of this scam usually pay through some untraceable, non-refundable method, including Visa or other prepaid cards, PayPal, and/or wire transfers

Any resident who receives such a call or has questions, should hang up and immediately call ComEd to confirm the disconnection. Should additional questions arise, residents may call NIMEC at 1-800-727-3820.

---

## Street Parking Snow Plowing

It won't be long until we have the first SNOW of the season that will need plowing.

**During these snow conditions, if you have an option, please avoid parking on the streets.**

The streets can be plowed better and faster without the obstacles of parked cars to weave around. Thank you for the help!



# A Marathoners Story: How Did It All Come To This?

By Sylvan Lake Resident Jon Kartman

It was a chilly October Sunday morning as 45,000 runners prepared to embark on the 2013 Chicago Marathon, a 26.2-mile journey through 29 Chicago neighborhoods.

I was one of those runners. I was nervous and anxious, yet ready, having trained for months for this one day, this one race.

Over the loudspeakers I heard the announcer call the start as the elite runners began at 7:30 a.m. At 8:18:02 a.m. the mats that covered the electronic timing and scoring system at the start line sent a signal that the runner wearing bib number 45681 had crossed the line.

## **My 26.2-mile journey was underway.**

I began another journey in the spring of 2005. It started in my doctor's office where I was told that I was overweight with high cholesterol and high blood pressure. But I had a choice: Start taking various drugs to control things ... or begin putting "movement" into my life.

I soon joined the Centre Club fitness center in Libertyville. During the next few months, I lifted weights, I swam, and I pedaled on a stationary bike. I became physically active.

Then I began to run. At first, there were only a few hesitant laps around the indoor track. Then some jogs through the streets of Sylvan Lake. Then I ran my first 5K/3.1-mile race in 2007, followed by my first 10K/6.2-mile race in 2008, and my first half marathon/13.1-mile race in 2010.

During the fall of 2012, after my weight had gone from 240 in 2005 and to 165, I asked myself, "Do I have the fitness, the courage, and the resolve to take part in one of the hardest things a human being can ever do: Run a marathon?" An inner voice said, "You can do this." My voice answered, "No, I WILL do this."

The first half of the Chicago Marathon was a blur both for myself and for my friend, Kevin Campbell of Madison, Wis., both of us marathon virgins. I remember that we saw my wife Nancy Dove twice at prearranged spots on course, were entertained by bands, were cheered on an estimated 1.7 million spectators, and were overwhelmed by the excitement and energy of one of the world's greatest marathon races.

It was just as we entered Greektown on Adams Street that Kevin told me that his hamstring was beginning to hurt. He kept on running, but by Mile 17 he had to slow up just to finish (Kevin would finish about 30 minutes after me). By agreement, I kept on running, but now I was on my own.

I passed the campus of the University of Illinois at Chicago, then went through the neighborhoods of Little Italy and Pilsen, then there I was going under the arch in Chinatown.

It was just south of the arch in Chinatown, after I had consumed a cup of Gatorade at an aid station, that my stomach began to cramp up. Whether it was due to fatigue or maybe because a volunteer had mixed in too much Gatorade powder with the water we'll never know.

From this point on, however, I had to walk a few blocks, then run a few more. Then walk. And then run some more. Once the rhythm of a runner is broken, it is very hard time to get it back.

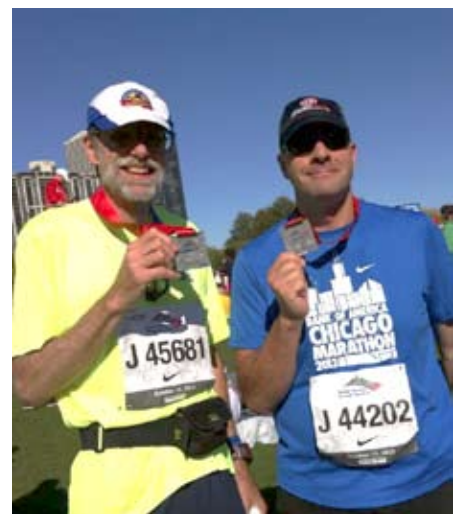
But I WAS running when the electronic timing and scoring system sent out a signal at 1:40:11 p.m., saying that runner 45681 had crossed the finish line.

The total elapsed time was 5:22:09.

"Move over Pheidippides," I told myself. "There's a new marathoner on Planet Earth."



*Jon Kartman on course during the 2013 Chicago Marathon.*



*Sylvan Lake resident Jon Kartman and friend Kevin Campbell of Madison, Wis., display their finishing medals after both finished the 2013 Chicago Marathon on Sunday, Oct. 13*

And everyone at the lake is invited to join neighbors for:

SYLVAN LAKE 12<sup>TH</sup> ANNUAL

## NEW YEAR'S EVE PROGRESSIVE DINNER

December 31st. New Year's Eve Progressive Dinner. This evening is open to anyone and everyone here at the lake and your guests. We will start the evening at someone's house (?) for appetizers and drinks (BYO), then move to Warren and Mary's for a candlelight dinner of beef tenderloin, salad, Rita's famous potatoes, and then onto a dessert house (?).



### What I need before December 20th,

1. Your reservation, \$20.00 per person
2. What dish you want to bring to pass, salads, appetizers, or dessert.
3. NEED two more houses to host the evening....appetizer house or dessert house. As host your will provide glasses for drinks, ice, and plates for dessert. Let me hear from you to reserve your spot. We can seat 40 at our home for dinner. -Mary Harroun 47-970-9741

### QUESTION?

I have been to many concerts performed by **Small Potatoes**, a great folk/country duo. Would the community support a concert performed by them next summer? Since they are making a living doing concerts we would need to charge something for the concert. Please give me your thoughts on this.

Small Potatoes is an amazing group and very family friendly. They live in Cary so it is easy for them to get here...we could host a pot-luck dinner prior to the concert. Call me on this or any other ideas you have for any activities here at the lake and I will try to make them happen. Mary Harroun 847-970-9741, or send an email message to [merrywalker1@att.net](mailto:merrywalker1@att.net).

Mary Harroun

## General ice thickness guidelines When is ice safe?

You can't judge the strength of ice just by its appearance, age, thickness, temperature, or whether or not the ice is covered with snow. Strength is based on all these factors -- plus the depth of water under the ice, size of the water body, water chemistry and currents, the distribution of the load on the ice, and local climatic conditions.



### As a general rule for new, clear ice only:

- \* 2" or less - STAY OFF
- \* 4" - Ice fishing or other activities on foot

Enjoy the lake this winter, hope for a smooth freeze and BE SAFE!

## 4th Annual Luminary Light Walk

December 21, 2013

Let's all light up all the streets at Sylvan Lake on Saturday, December 21 from 4:00 to 7:00 pm with our fourth annual Luminary Night.

I am asking for three or four houses to offer hot cocoa and cookies during that time so please call me, 847-970-9741.

I would also ask for a few of our high schoolers to help place luminaries along the wooded bath between Crescent and South Sylvan Dr.

I will have white bags to use for holding the lighted candles at the beach deck, and under the two bulletin boards, Crescent and South Sylvan. The white bags will also be in a Rubber Maid bin outside of our house, so take what you need to light up your street area outside your house so everyone can see the lights of Sylvan Lake.

Let's light up the whole lake area and get out and walk and see the pretty area we live in all lit up for one night. We will have Bill Grinnell provide roadway blocks to protect us when we walk. Any questions, call me at 847-970-9741..

Thank you, Mary Harroun





# Turkey Trot!

## Thanksgiving Day

The Sylvan Lake Garden Club sponsored the first 5k run/walk. It was a great way to get out and enjoy our neighbors' company on Thanksgiving morning. The Trot started at 8:00 a.m. sharp. The weather was a cool, great for exercising, a little breezy, the best

if it was at your back, and the course surface was fast and dry with no rain or snow.



The Turkey Trot was a “move at your own pace” type of event. Some of our competitors ran, some walked and some even pushed strollers!

The 5K was very well organized, with a water table along the course and well marked signage to direct everyone into the correct turns and laps.

Congratulations to Steve Sharp, Becky Stratton, and Sean Finerty on winning the raffle for a \$15.00 gift card to RunID, the event sponsor.

Looking forward to the event next year!

